


DISHES AND THEIR ALLERGEN CONTENT

Harbour

(Note - Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

DISHES	 Celery	 Cereals containing gluten**	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts*	 Peanuts	 Sesame seeds	 Soya	 Sulphur dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Scallops			✓				✓	✓						
Crab rambot		✓	✓	✓			✓	✓						
beefsteak & Cat head.		✓												
Chicken Cassero		✓		✓			✓							✓
Buck Croquette		✓				✓								
Beef bourguignon		✓												
Crab Risotto		✓	✓											
Coqui Croquette		✓												✓
Muszel Popcorn		✓					✓	✓						✓

Review date: 24/10/20

Reviewed by:



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